



STOP THE SPREAD OF GERMS

Help prevent the spread of respiratory diseases like COVID-19.





Cover your cough or sneeze with a tissue, then throw the tissue in the trash.



Clean and disinfect frequently touched objects and surfaces.



Stay home when you are sick, except to get medical care.



Wash your hands often with soap and water for at least 20 seconds.



For more information: www.cdc.gov/COVID19



Coronavirus (COVID-19) Update

March 4, 2020

Tim Sashko
Lake County
Board of Health President

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Emergency Response
Coordinator

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Situational Update and Local Public Health Preparedness

Dr. Sana Ahmed, MD Medical Epidemiologist

Objectives

- Timeline of Events
- Background of Coronavirus
- United States and Illinois Response
- Local Public Health Response
- Local Public Health Preparedness



Outbreak Key Events



30th: WHO declared outbreak a Public

Health Emergency of International

31st: HHS declare public health

-CDC guidance on Public Health Management -FDA approved Emergency Use Authorization for testing



January

-Wuhan animal

and seafood market closed

Novel type of coronavirus identified

Concern

emergency in US

-First reported case outside of China (Thailand)

-Screening began at US airports

-Two cases reported in Illinois

2019

December 31st:

China announces pneumonia cluster



Outbreak Key Events



- -Over 100 cases of COVID-19 identified in U.S
- -3rd and 4th case of COVID-19 identified in U.S.
- -outbreak of COVID-19 in longterm care facility, Seattle, WA



2020

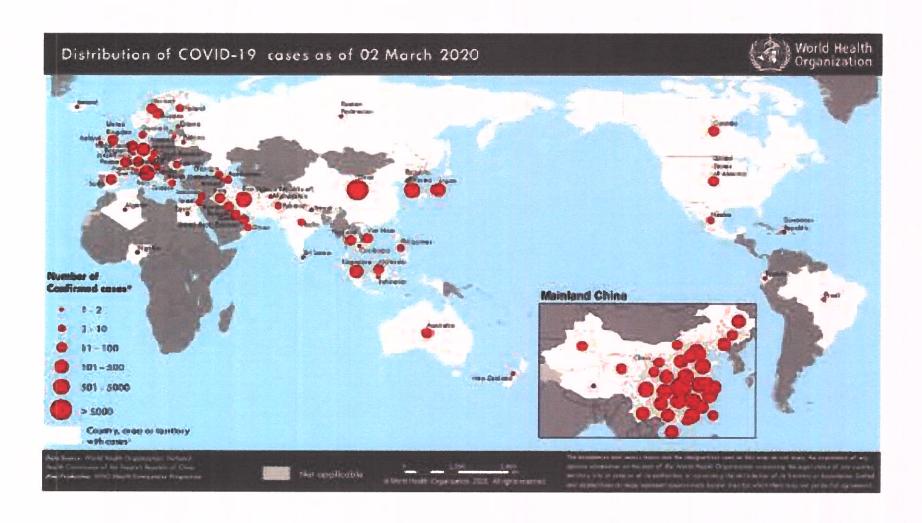
February

- -IL first state to provide diagnostic testing
- -US citizens repatriated from China and evacuated from cruise ships
- -Travel notices issued for Iran, Italy, South Korea
- -Advised by CDC to prepare for community spread of virus
- -1st case reported due to possible community-spread in California

24th: Spread of virus crosses inflection point

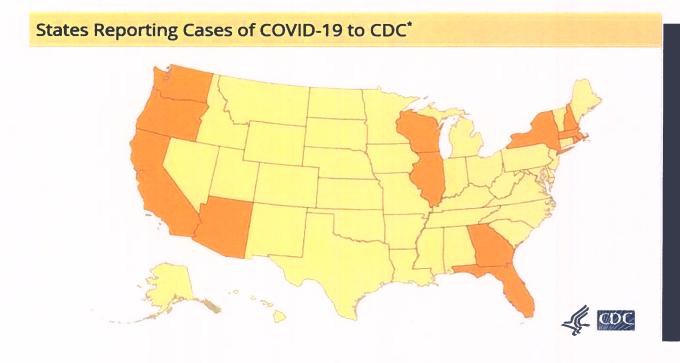


Global Distribution of COVID-19 Cases





States with Confirmed Cases of COVID-19



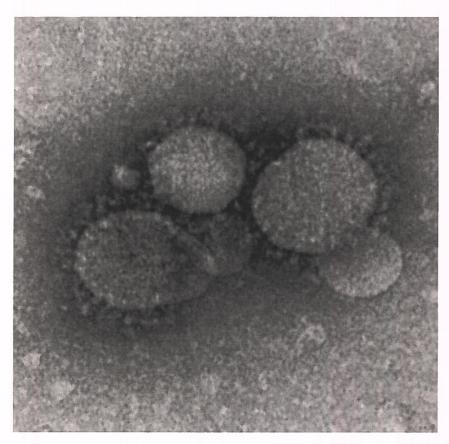
As of March 3, 2020, 60 confirmed cases reported in the United States and 6 deaths from 12 states.

These data represent cases detected and tested in the United States through U.S. public health surveillance systems since January 21, 2020.



Coronaviruses

- Virus that comes from a large family of viruses
- Circulates among animals, but can evolve and infect humans (e.g., MERS, SARS, etc.)
- Spreads to an uninfected person when an infected person coughs, sneezes, or talks (within 6 feet); evidence of animalhuman transmission initially
- Causes respiratory illness (fever, cough, shortness of breath)
- Can lead to complication of pneumonia of both lungs



Picture of MERS-CoV CDC: https://www.cdc.gov/coronavirus/mers/photos.html



Federal Public Health Response

- Develop public health, healthcare provider, school, and community guidance
- Reduce number of travelers from countries with community spread
- Travelers from Hubei Province mandatory quarantine for 14-days
- Institute airport screenings
- Isolate, genetically sequence COVID-19 and develop diagnostic testing, reverse transcriptase PCR (rt-PCR)
- FDA approves Emergency Use Authorization for rt-PCR; test now accessible by states and other countries



IDPH Response

- Monitoring global situation
- State preparedness and response activities
- Clinical guidance
 - o HAN's disseminated through SIREN
 - o Assist with evaluation, reporting, testing, case investigation
 - Coordination of diagnostic testing
- LHD guidance
 - o Portal resources
 - Case investigation resources
- Sharing information with state partners and health system partners
- Resources
 - o Website guidance, resources, up-to-date information
 - Portal page
 - o Hotline





Local Public Health Response

- Share information with infection control preventionists and providers for preparedness of hospitals and outpatient clinics
- Developed healthcare checklist describing process of managing a person with symptoms that recently traveled or was in contact with confirmed case
- Update schools regarding guidance for travelers returning from mainland China
- Respond to public, school, and private business inquiries
- Investigate possible Persons Under Investigation (PUIs)
- Developed a Lake County Health Department webpage to update community
- Worked with LCHD-FQHCs to ensure our ability to screen, test and manage PUIs



LCHD COVID-19 Update

Return travelers from mainland China or contacts to confirmed case:

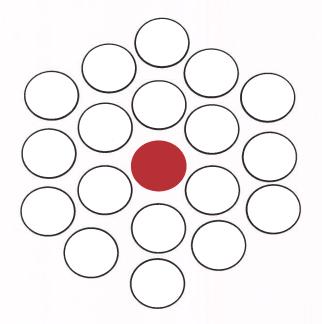
- Categorized as medium risk to public health:
 - Self-monitor symptoms with Health Department supervision for 14 days
 - Avoid school/work and other congregate settings and practice social distancing for 14 days
- Categorized as low risk to public health:
 - Self-monitor for symptoms
 - No restrictions on mobility



Contact Investigation

Communicable Diseases

- Transportation
- Gatherings
- Travel/Flights
- Home visitors









No need for gloves!

What Can the Community Do?

- Cover your cough or sneeze with a tissue, then throw the tissue in the trash. If no tissue is available, cough or sneeze into your upper sleeve or elbow, not your hands.
- Wash your hands often with soap and water for at least 20 seconds. If soap and water are not available, use an alcohol-based hand sanitizer with at least 60% alcohol.
- Avoid contact with people who are sick.
- If you are sick, stay home for at least 24 hours after your fever is gone.
- Clean and disinfect surfaces and objects that are frequently touched.
- Get your flu vaccine!





Emergency Response

Patti Corn Emergency Response Coordinator

Review Your Continuity of Operations Plan

- Review the identified critical functions
- Ask the following questions:
 - Can your essential personnel work from home?
 - Are employees eligible for pay if under quarantine/isolation?
 - Is staff cross-trained in case of high absenteeism?
- Communications with the community



Emergency Operations Plan

Review:

- Mass Care Annex
- Health and Medical Annex
- Mortuary Service Annex

For questions regarding EOP Plan or review contact:

Rebecca Kumar RKumar@lakecountyil.gov



Point of Dispensing (POD)

- LCHD has plans for using pre-determined sites for POD's
- MOU's with 18 High Schools
- MOU's with 11 Municipalities and Park Districts
- Currently working with the second group to identify potential sites that can be used during school hours or better fit for serving the population

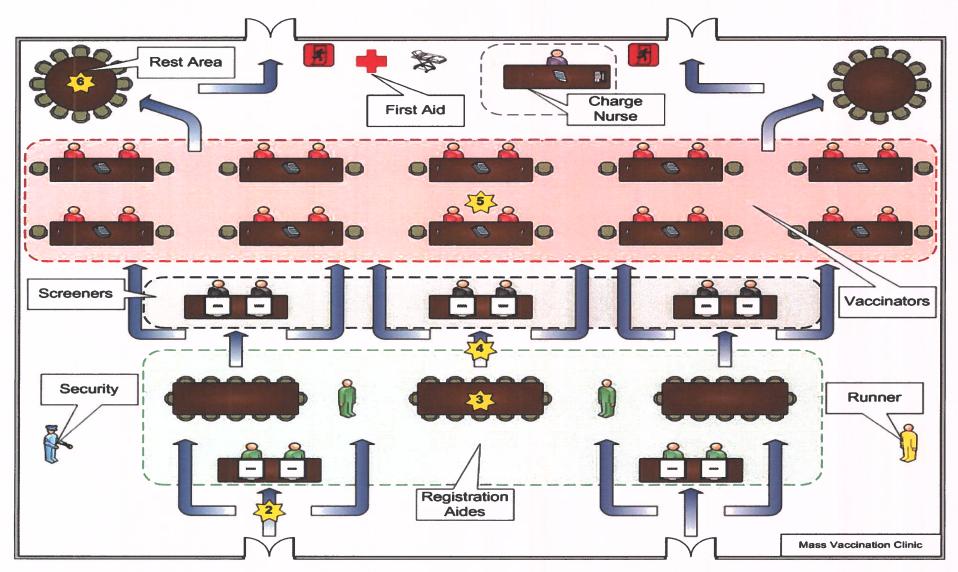


POD Requirements

- Large parking lot
- Separate entrance and exit
- Handicap accessible
- Adequate number of restrooms with hot and cold running water
- Adequate lighting
- Secure storage
- Staff break area
- Large area for multiple stations



Mass Vaccination Sites





First Responders

- MOUs for pre-positioned medication only
- Vaccination would be through LCHD or Regional Healthcare Coalition Hospital.
 - Time, place, and type of vaccine is determined by IDPH
 - During H1N1, first responders were vaccinated at local hospitals in the first tier



Event Planning

- No current guidance regarding the cancellation or postponement of large-scale events
- Encourage the discussion:
 - Is there ample space for social distancing?
 - Hand washing stations available?
 - Are attendees local or travelling to the venue?
- Review cleaning and sanitizing procedures and provide education to staff and clients



Preparing at Home

- Store a two-week supply of water and food.
- Periodically check your regular prescription drugs to ensure a continuous supply in your home.
- Have any nonprescription drugs and other health supplies on hand, including pain relievers, stomach remedies, cough and cold medicines, fluids with electrolytes, and vitamins.
- Get copies and maintain electronic versions of health records from doctors, hospitals, pharmacies and other sources and store them, for personal reference.
- Talk with family members and loved ones about how they would be cared for if they got sick, or what will be needed to care for them in your home.





Communications

Brian Louie
Senior Marketing and Communications Specialist

COVID-19 Communications

- Our goal: accurate and timely communication
- We are in daily contact with the Centers for Disease
 Control and Prevention (CDC) and Illinois Department of Public Health (IDPH).
- Your role: amplify the message



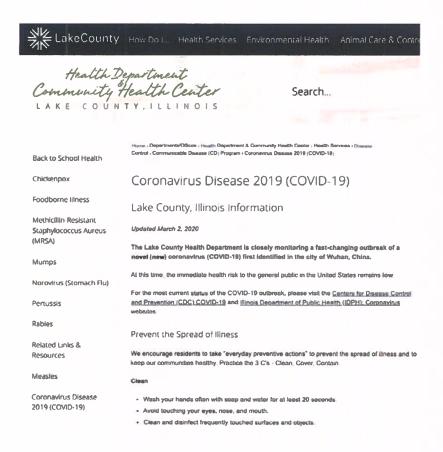
Where can I find updates?

- Lake County Health Department website
 - <u>lakecountyil.gov/coronavirus</u>
- IDPH, CDC, and WHO websites
 - Illinois Department of Public Health (IDPH)
 - <u>dph.illinois.gov/topics-services/diseases-and-conditions/diseases-a-z-list/coronavirus</u>
 - Centers for Disease Control and Prevention (CDC)
 - cdc.gov/covid19
 - World Health Organization (WHO)
 - who.int/emergencies/diseases/novel-coronavirus-2019



Coronavirus Disease 2019 (COVID-19) Webpage

lakecountyil.gov/coronavirus



The webpage includes:

- Lake County updates
- General COVID-19 information from the IDPH and CDC
- Resources for specific groups
- CDC Frequently Asked Questions
- Contact information



Where can I find updates?

- Coronavirus (COVID-19) Update Weekly Newsletter
 - Key audiences added to the list
 - Encourage others to subscribe: http://bit.ly/lccovid-19

Social Media

- facebook.com/healthdepartment
- <u>twitter.com/lakecohealth</u>
- in <u>linkedin.com/company/healthdepartment</u>
- <u>NextDoor</u>



Coronavirus (COVID-19) Update Newsletter



March 9, 2020

This message includes weekly updates on the <u>COVID-19</u> response from the Lake County Health Department and Community Health Center. For the most current status of the COVID-19 outbreak, please visit the <u>Centers for Disease Control and Prevention (CDC) COVID-19</u> and <u>Illinois Department of Public Health (IDPH): Coronavirus</u> websites.

Lake County Update

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Weekly email about COVID-19.

Emails will include:

- Lake County updates
- What you need to do
- Resources
- Useful links

Sign up: http://bit.ly/lccovid-19



Where can the public find answers?

Illinois COVID-19 Hotline

The IDPH has established a COVID-19 hotline and email address to answer questions from the public:

Hotline: 1-800-889-3931

Email: <u>DPH.SICK@ILLINOIS.GOV</u>

For additional information from the IDPH,

visit: http://www.dph.illinois.gov/topics-services/diseases-and-conditions/diseases-a-z-list/coronavirus



Key Messages

- For the general American public, the immediate health risk from COVID-19 remains **low**.
- We all have a role to play in keeping ourselves, our families, and communities safe. Remember to Follow the 3 C's:



CLEAN hands often with soap and warm water for at least 20 seconds, disinfect frequently touched objects and surfaces, and avoid touching your eyes, nose, and mouth;



COVER your cough and sneeze with a tissue, then throw the tissue in the trash; and



CONTAIN germs by staying home if you are sick, except to receive medical care, and avoid close contact with people who are sick.

Key Messages - Flu



Flu activity continues to be high in the United States and in Illinois.

Residents are urged to get their annual flu vaccine if they have not yet done so.

The flu vaccine is the best way to protect yourself from the flu and reduces the chances of complications which could result in hospitalization.

Communications Contacts

Have questions or suggestions? Contact us.

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HealthDepartment



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HealthDepartment